

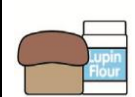






Zest Main Menu Allergen Information

Dishes														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Olives		✓										✓		✓
Mushrooms on toast	✓	✓					✓		✓			✓		✓
Onion Bombs									✓					✓
Bread bowl with flavoured butters		✓					✓					✓	✓	✓
King prawn and chorizo			✓				✓		✓				✓	✓
Squid		✓		✓				✓					✓	✓
Mango chicken							✓		✓	✓				✓
Garlic bread: Starter And Side		✓					✓					✓		✓
Cheese garlic bread starter and main		✓					✓					✓		✓
Mozzarella garlic bread		✓					✓					✓		✓
Hot and Kicken Chicken		✓					✓		✓			✓		✓
Funky Chicken		✓		✓					✓			✓		✓

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mozzarella chicken Buttie		✓					✓		✓			✓		✓
The Very Veggie Burger		✓		✓			✓		✓	✓		✓	✓	✓
Classic Cheese burger		✓		✓			✓		✓			✓	✓	✓
Big boy burger		✓		✓			✓		✓			✓	✓	✓
Steak one	✓	✓		✓					✓			✓		✓
Sausage and mash	✓	✓					✓							✓
Seabass	✓				✓		✓							✓
ZFC	✓	✓		✓					✓					✓
Puff pastry Lattice	✓	✓							✓	✓				✓
Flying Scotsman	✓	✓					✓							✓
Fish And Chips with tartare sauce		✓		✓	✓				✓					✓
Bread and butter		✓					✓					✓	✓	
mozzarella chicken melt	✓	✓					✓		✓	✓				✓
Creamy chicken Pasta	✓	✓					✓		✓					✓
Meatball Pasta	✓	✓												✓
Tomato Pasta	✓	✓		✓			✓							✓

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
King Prawn Pasta with Chorizo	✓	✓	✓				✓							✓
OMG Chicken Curry	✓	✓					✓		✓	✓				✓
Wok Chicken							✓							✓
Pulled Beef with Yorkshires	✓	✓		✓			✓							✓
Mini sausages in mustard glaze		✓							✓					
Smoky Joe Meatballs	✓													✓
Pan Fried Steak	✓													✓
Chunky Chips														
Skinny Chips														
Sweet potato Fries														
Loaded chips	✓			✓			✓		✓					✓
Creamy Garlic Mushrooms	✓	✓					✓		✓					✓
Cabbage And Chorizo							✓						✓	
Cheesy Mash							✓							
Creamy Mash							✓							
Italian Side Salad				✓			✓		✓					✓
Cauliflower Cheese	✓	✓					✓		✓					

