DISHES AND THEIR ALLERGEN CONTENT - Zest Specials

| DISHES | | | Y. | | | Lupin Hour | | | MUSTARD | | | | \$ <u>\$</u> | Boor |
|-----------------------------|--------|---------------------------------|-------------|------|------|---------------|------|---------|---------|------|---------|-----------------|--------------|--------------------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Glazed pigs in blankets | | đ | | | | | | | | | | | đ | |
| Wild mushroom soup | V | đ | | | | | J | | | | | | | đ |
| Fig and blue cheese tart | V | ď | | J | | | J | | J | | | | | V |
| King prawn cocktail | V | đ | đ | J | | | | | ☑ | | | | | J |
| Christmas Dinner | ☑ | | | | | | J | | | | | | | đ |
| Turkey Club Burger | ☑ | | | V | | | V | | ☑ | | | V | | đ |
| Spinach and ricotta ravioli | V | V | | ☑ | | | V | | ☑ | | | | ☑ | đ |
| Roasted Veg | | | | | | | J | | | | | | | |
| Sprouts | | | | | | | J | | | | | | | |

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|----------------|--|--|--|----------|--|--|---|--|
| Roast Potatoes | | | | 1 | | | | |
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| Review date: | 1/01/2 | 025 | | Review | ved by: I | Karl Phillips | s (Kitchen | Food ards Standards food grouit | | | | | | |
|----------------------------------|--------|---------------------------------|----------------|--------|-----------|----------------|------------|---------------------------------------|---------|------|---------|-----------------|---------|--------------------|
| DISHES | | | N. Contraction | | | Lupin Flour | | | MUSTARD | | 0 | | <u></u> | |
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Christmas pudding Bon Bons | | đ | | | | | đ | | | đ | | | | Ţ |
| Cheesecake | | V | | | | | V | | | ☑ | | | | đ |
| Eggnog creme brulee | | V | | J | | | V | | | | | | | V |
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