


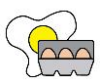
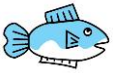
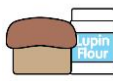










DISHES AND THEIR ALLERGEN CONTENT - Zest Specials

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Glazed pigs in blankets		✔											✔	
Wild mushroom soup	✔	✔					✔							✔
Fig and blue cheese tart	✔	✔		✔			✔		✔					✔
King prawn cocktail	✔	✔	✔	✔					✔					✔
Christmas Dinner	✔						✔							✔
Turkey Club Burger	✔	✔		✔			✔		✔			✔		✔
Spinach and ricotta ravioli	✔	✔		✔			✔		✔				✔	✔
Roasted Veg							✔							
Sprouts							✔							

