

DISHES AND THEIR ALLERGEN CONTENT – Zest Specials

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Curried Parsnip Soup	✓	✓					✓		✓	✓	✓			✓
Crispy Battered King Prawns		✓	✓						✓					✓
Potato Gnocchi Bake	✓	✓					✓							✓
Wild Mushroom and leek Risotto	✓													✓
Venison And haggis cottage pie	✓	✓					✓							✓
Slow Roasted Jerk Pork				✓			✓		✓					
Carrot And Swede Crush							✓							
Square cut chips				✓			✓							

Mustard Mash							✓		✓					
Lemon Curd Cheesecake		✓		✓			✓							✓
Apple and mixed berry crumble		✓					✓							✓

Review date:14/02/25

Reviewed by: Karl Phillips (kitchen manager)