



Est 2000  
Come Join Us  
for



AND

IRRESISTIBLE  
FOOD & GOOD  
GREAT DRINKS TIMES

## ZEST SPECIALS

### STARTERS

**Pulled Chicken Piri Piri Nachos** £10.95  
Piri piri spiced pulled chicken on nachos topped with melting mozzarella, guacamole and mayo.

**Tomato And Roasted Red Pepper Soup**  £6.95  
topped with basil croutons served with toasted ciabatta

### MAIN COURSES

**Tuna, Spring Onion And Cheddar Cheese Melt** £11.95  
on a ciabatta roll with Zest's dressed salad  
Add our little pot of coleslaw for £2.00

**Chicken Parmo With Tomato Basil Spaghetti** £18.95  
Parmesan and herb crusted chicken breast on tomato and basil spaghetti

**Whitehaven Double Dippers** £15.95  
Cumberland sausage, onion and Cumberland sauce pasties with super creamy cream cheese and chive mash and Zest's gravy for dipping

**Very Veggie Vegan Fajitas**  £16.95  
Peppers, onions and mushrooms fried in tomato fajita sauce with guacamole, vegan mayo, tortilla wraps and steamed rice

### SIDE ORDERS

**Creamy Leeks And Peas**  £4.95

**Enjoy as a side to share, or as a main course for one – Cheeseburger Loaded Fries** £12.95  
Topped with burger relish, cheese, gherkin and cherry tomato

### DESSERTS


**Reece's Milk Chocolate And Peanut Butter Cheesecake** £7.75  
garnished with Reese's pieces

**Apple And Mixed Berry Oaty Crumble**  £7.75  
served with vanilla custard

Please ask about our latest selection of Sweet Treats  
at the bar (Available to eat in or take away)

### SYMBOLS

 Non Gluten Containing Ingredients

 Vegetarian

 Vegan

## SWEET TREATS

Delicious desserts, perfect to finish off your meal!

#### Sticky Toffee Pudding

A Cumbrian classic with delicious rich toffee sauce, served with pouring cream. £7.75

Why not add a scoop of our luxury ice cream to your sticky toffee?

#### Eton Mess

A mixture of crushed meringue with whipped cream, ice cream and red berry compote. £7.75

#### English Lakes Ice Cream

Any 3 scoops of English Lakes quality Cumbrian ice cream. £3.90  
Choose from: Vanilla, Strawberry or Chocolate

**Belgian Sugared Waffle & Blueberry Stack Topped with Maple Syrup and Vegan Vanilla Ice Cream**  £7.75

#### Key Lime Pie

Topped with whipped cream and chocolate sauce £7.75

#### Chocolate Brownie

Moist chocolate brownie full of chocolate chunks served warm with chocolate sauce. £7.75

Why not add a scoop of ice cream to your brownie?

**Little Zestie's Little Pot of Chocolate Brownie Sundae**   
(available to take away if preferred) £3.95


**Reece's Milk Chocolate And Peanut Butter Cheesecake**

**SPECIAL**  
garnished with Reese's pieces £7.75

**Apple And Mixed Berry Oaty Crumble** **SPECIAL** 

Vanilla ice cream with pistachio glaze, chopped pistachio nuts served with an espresso coffee. £7.75

#### Special Ice Cream Upgrade

Add a scoop of ice cream when you order any of our desserts with this symbol  for only 50p (only available as an upgrade offer to applicable deserts)

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## HOT DRINKS

Tasty hot drinks, the perfect accompaniment to one of our sweet treats. Add a splash of flavoured syrup for 45p.  
Choose from: cinnamon, caramel, vanilla or hazelnut.

#### Pot of Tea

£2.75

Choose from English, Earl Grey, camomile, peppermint or lemon.

#### Cappuccino

£3.15

The frothy one.

#### Espresso

£2.50

The little strong one.

#### Mocha

£3.15

The coffee - chocolate one.

#### Latte

£3.15

The milky one.

#### Hot Chocolate

£3.15

Yummy hot chocolate.  
Add whipped cream for 45p

#### Double Espresso

£3.00

The double whammy.

#### Americano

£2.50

The straight long one.

#### Liqueur Coffee

£5.95

Delicious liqueur coffee.

#### Fancy it stronger?

Add an extra shot for 50p

Almond milk available by request

