

# ALLERGEN INFORMATION

Please refer to this guide for Zests allergen information.



**CONTAINS**































**MAY CONTAIN**

All statutory allergen ingredients contained in the dishes are marked in our allergens guide.

Please be aware that all dishes are prepared in an open kitchen with the utmost care and attention.

However, due to the nature of open kitchen preparation, our dishes may contain other allergens. We are unable to guarantee the suitability for people with allergens.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Creamy lentil and Vegetable Soup</b>	✓	✓					✓					✓		✓
<b>Cheddar, leek and wild mushroom rarebit</b>	✓	✓		✓			✓		✓			✓	✓	✓
<b>Thai Green Vegetable Spring roll</b>		✓		✓			✓		✓			✓		✓
<b>Soup and Winter warmer</b>	✓	✓					✓					✓		✓
<b>Zests Classic pulled beef</b>	✓	✓		✓			✓							✓
<b>Venison and haggis cottage pie</b>	✓	✓					✓							✓
<b>Spicy mixed bean burrito</b>	✓	✓										✓		✓
<b>Zests Classic chip one</b>		✓					✓					✓		
<b>Smoky joes meatball spaghetti ragu</b>	✓	✓		✓			✓							✓
<b>Steamed leeks with butter</b>							✓							
DISHES														

Mozzarella cheese garlic bread		✓					✓							✓
Brownie sharer		✓		✓			✓			✓			✓	
Spiced apple tart		✓		✓			✓			✓				✓
Biscoff cheesecake		✓					✓			✓		✓	✓	