



Est 2000  
Come Join Us  
for



IRRESISTIBLE  
**FOOD** **GOOD**  
GREAT DRINKS **TIMES**

## ZEST SPECIALS

### STARTERS / SNACKS

- Frickles** **VE** **GF** £6.95  
Crisp fried mini gherkins in seasoned batter with mayonnaise dip  
Great as a snack or for the table to share
- Black Pudding, Caramelised Onion & Goat's Cheese Stack** £9.25  
With tomato and tarragon dressing
- Crispy Hoisin Duck Salad** £9.95  
Crispy duck in hoisin sauce with Asian sesame salad

### MAIN COURSES

- Zest's All Time Favourite Pulled Beef** £14.95  
Our slow cooked shredded beef in Zest's delicious rich gravy, topped with Yorkshire pudding. Served as a bowl for one person. Why not choose your favourite side orders from our selection to accompany your beef.
- Chicken, Smoked Bacon & Pea Risotto** **GF** £18.95  
Topped with parmesan crisp and pea shoots.
- Sun Dried Tomato, Olive, Roasted Courgette & Aubergine Spaghetti** **VE** £15.95  
Topped with pea shoots and crispy onions.
- Open Prawn Marie Rose Sandwich** £10.95  
With crisp gem lettuce on bloomer bread with Zest's dressed salad.
- Zest's Classic Sticky Pork** £18.95  
Slow cooked pork in our tangy sweet and sour sauce with spring onion and fresh bunch coriander. Topped with crème fraiche served with steamed rice

### SIDE ORDERS

- Pesto Roasted Mediterranean Vegetables** **V** **GF** £5.75
- Roasted New Potatoes, Caramelised Onions & Crispy Roasted Black Pudding Pieces** £5.75

### DESSERTS

- Chocolate Chip, Cinnamon Bread & Butter Pudding** **V** **GF** £7.95  
With pouring cream
- Twix Cheesecake** £7.95  
Chocolate and caramel cheesecake topped with caramel sauce and twix pieces

### SYMBOLS

- GF** Non Gluten Containing Ingredients
- V** Vegetarian
- VE** Vegan

## SWEET TREATS

Delicious desserts, perfect to finish off your meal!

- Sticky Toffee Pudding** **V** **GF**  
A Cumbrian classic with delicious rich toffee sauce, served with pouring cream. £7.95  
Why not add a scoop of our luxury ice cream to your sticky toffee?
- Eton Mess** **V** **GF**  
A mixture of crushed meringue with whipped cream, ice cream and red berry compote. £7.95
- English Lakes Ice Cream** **V**  
Any 3 scoops of English Lakes quality Cumbrian ice cream. £4.20  
Choose from: Vanilla, Strawberry or Chocolate
- Biscoff Waffle Stack** **VE**  
Loaded with Biscoff sauce crushed Biscoff biscuit served with vegan vanilla ice cream £7.95
- Chocolate Brownie** **V**  
Moist chocolate brownie full of chocolate chunks served warm with chocolate sauce. £7.95  
Why not add a scoop of ice cream to your brownie?
- Little Zestie's Little Pot of Chocolate Brownie Sundae** **V**  
(available to take away if preferred) £4.25
- Zest's Spiced Apple Tart** **V**  
Topped with cinnamon crumble and Toasted meringue with vanilla ice cream. £7.95
- Chocolate Chip, Cinnamon Bread & Butter Pudding** **V** **GF**  
**SPECIAL**  
With pouring cream £7.95
- Twix Cheesecake** **SPECIAL**  
chocolate and caramel cheesecake topped with caramel sauce and twix pieces. £7.95
- Special Ice Cream Upgrade**  
Add a scoop of ice cream when you order any of our desserts with this symbol **V** for only 50p (only available as an upgrade offer to applicable desserts)

Please ask about our latest selection of Sweet Treats at the bar  
(Available to eat in or take away)

## HOT DRINKS

Tasty hot drinks, the perfect accompaniment to one of our sweet treats. Add a splash of flavoured syrup for 45p.  
Choose from: pumpkin spice, caramel, vanilla or hazelnut.

- |   |   |
|---|---|
| <b>Pot of Tea</b> £2.95<br>Choose from English, Earl Grey, camomile, peppermint or lemon. | <b>Hot Chocolate</b> £3.50<br>Yummy hot chocolate.<br>Add whipped cream for 45p |
| <b>Cappuccino</b> £3.50<br>The frothy one.  | <b>Double Espresso</b> £3.25<br>The double whammy.                              |
| <b>Espresso</b> £2.75<br>The little strong one.   | <b>Americano</b> £2.75<br>The straight long one.                                |
| <b>Mocha</b> £3.50<br>The coffee - chocolate one.   | <b>Liqueur Coffee</b> £5.95<br>Delicious liqueur coffee.                        |
| <b>Latte</b> £3.50<br>The milky one.  | <b>Fancy it stronger?</b><br>Add an extra shot for 50p                          |

Dairy free milk alternative available.  
Please ask for details.

