



IRRESISTIBLE FOOD & GOOD GREAT DRINKS TIMES

STARTERS

Treat yourself to one of our starters, or share a few between friends.

Great to share Hamazingly Creamy Ham and Cheese Gratin

Pulled ham in a rich creamy cheese sauce, topped with mozzarella, served with garlic bread for dipping **£17.25**

Antipasti Sharer Plate

A selection of mixed olives, roasted tomatoes, feta, balsamic onions and toasted bread. **£14.95**

Mushrooms on Toast

Sautéed creamy garlic mushrooms with a toasted ciabatta crouton. **£8.75**

Crispy Onion Bhajis

Served with curry mayo dip **£8.25**

Warm Bread Bowl with Butter and Flavoured Olive Oil

Rustic breads with butter and garlic and chilli olive oil. **£6.45**

Grilled Halloumi & Chorizo Skewers

Halloumi style cheese & chorizo skewers with balsamic and pesto drizzle. **£9.95**

Zest's Classic Prawn Cocktail

Bound in homemade Marie rose sauce with giant crouton, gem lettuce, smoked paprika and lemon. **£9.95**

Sticky Mango Chicken Skewers

Juicy chicken with a sticky mango glaze, Zest's dressed salad and crème fraiche, cucumber and mint dip. **£9.25**

Garlic Bread

Classic tasty garlic bread. **£5.50**

Cheesy Garlic Bread

Garlic bread with cheese. **£6.25**

Mozzarella & Chilli Garlic Bread

Garlic bread with a spicy kick topped with melting mozzarella **£6.50**

BUTTIES & BURGERS

Our delicious freshly prepared hot sandwich and burger selection

Hot & Kicking Chicken

Sweet chilli chicken breast fillets, fresh bunch coriander, creme fraiche, spring onion and Zest's dressed salad. Served in your choice of tortilla wrap or rustic ciabatta roll. **£16.75**

The Stack

Crisp ZFC chicken fillets coated in our secret 'Southern style seasoning' stacked in a brioche bun with guacamole and melting mozzarella. With dressed salad and barbecue sauce on the side. **£16.75**
Add crispy bacon **£1.95**

Mozzarella Chicken Buttie

Tasty chicken breast topped with chorizo and melting mozzarella cheese. Served in your choice of tortilla wrap or rustic ciabatta roll. **£16.75**

The Very Veggie Burger

Roasted halloumi style cheese with caramelised onion, roasted red pepper and pesto. Served in a brioche bun with dressed salad on the side. **£15.75**

Zest's Classic Cheese Burger

Zest's 6oz beef burger topped with melting cheese served in a brioche bun with garlic mayo and dressed salad on the side. **£13.95**
Add crispy bacon **£1.95**

The Steak One

Zest's all time classic steak buttie. Flash fried strips of steak with mushrooms and onions in gravy, served on your choice of wrap or roll with garlic mayo and Zest's dressed salad on the side. **£16.75**

Big Boy Burger

Two of Zest's juicy 6oz burgers in a brioche bun with lashings of cheese and crispy bacon, served with dressed salad on the side. **£17.25**

Add our creamy Coleslaw

Upgrade your Buttie or burger with a small pot of our delicious homemade creamy coleslaw on the side for **£2.75**

MAIN COURSES

The main event but why not add one of our delicious 'spuds and stuff' sides to your order if you wish.

Traditional Cumberland Sausage & Mash

Cumberland sausage, with caramelised onions, mash and gravy. **£16.95**
Add Yorkshire Pudding **£1.50**
Swap to cheesy mash for **£1.50**
Add Black Pudding **£1.95**

Roasted Salmon Fillet with Red Pepper Dressing

on a creamy prawn and pea risotto, topped with a parmesan crisp **£22.95**

The Whole Hog Giant Yorkshire

Giant Yorkshire pudding loaded with pulled ham, Cumberland sausage and black pudding in Zest's red wine gravy, topped with creamy mash and crispy seasoned carrots. **£21.95**

ZFC (Zest Fried Chicken)

Fresh chicken fillets coated in our secret 'southern style' seasoning and deep fried until golden and crisp with barbecue sauce and garlic mayo on the side, creamy coleslaw and Zest's dressed salad. **£19.95**

Yorkshire Cow Pie

Zest's famous pulled beef in onion gravy, loaded into an XL Yorkie, topped with creamy mash and crispy seasoned carrots. **£21.95**

Wild Mushroom & Leek Risotto

Drizzled with truffle oil topped with pea shoots. **£16.25**

Flying Scotsman Chicken

Chicken breast topped with grilled haggis and peppercorn sauce served with creamy mashed potato. **£20.25**

Delicious Beer Battered Fish & Chips

Beer battered cod with skinny or rustic chunky chips and homemade tartare sauce. **£17.50**
Add mushy peas for **£1.25**
Add bread and butter for **£1.50**

Mozzarella & Chorizo Chicken Melt

Succulent chicken breast, topped with chorizo and melting mozzarella cheese, served with pesto and sun blush tomato potatoes and gravy. **£19.95**

OMG Loaded Chicken Curry

Slow cooked succulent pulled chicken blended with Zest's curry sauce. Tangy mango chutney and poppadom shards all served loaded onto your choice of chunky chips or sweet potato fries. **£17.95**

Why not upgrade your curry with the addition of onion bhajis for **£1.50**

Zest's Caesar Salad

Little gem lettuce with Caesar dressing, fresh parmesan, crunchy croutons and crispy bacon. **£21.95**
Add roasted salmon fillet **£19.95**
Add pan fried chicken **£17.95**
Add grilled halloumi **£17.95**

PASTA

Enjoy our delicious freshly cooked pasta dishes

Creamy Chicken Pasta

Tasty chicken with penne pasta in a creamy white wine and tarragon sauce. **£15.95**

Tomato Pasta

Penne pasta with tomato sauce and fresh parmesan shavings. **£11.95**

Zest's Chilli Prawn Pasta

Penne pasta with prawns and roasted red pepper in a creamy sweet chilli sauce with pea shoot topping. **£15.95**

Chorizo Sausage Pasta

Penne pasta with Cumberland sausage in a paprika, tomato and herb sauce loaded with chorizo pieces, topped with fresh parmesan. **£15.95**

Creamy Pulled Ham Carbonara

Zest's style carbonara - Succulent chunks of pulled ham with penne pasta in creamy parmesan carbonara sauce. **£15.95**

ZEST BOWLS

Our beautiful bowls of carefully cooked food - enjoy sharing with friends or you could keep them all to yourself. Choose your favourite side orders from our selection to accompany your selected Zest bowl.

Zest Harbourside's Signature Wok Chicken

Delicious sweet chilli chicken breast with spring onion, crème fraiche and coriander. **£17.50**

Hamazingly Creamy Ham and Cheese Gratin

Pulled ham in a rich creamy cheese sauce, topped with mozzarella, served with garlic bread for dipping **£17.25**

Mini Sausages

In Zest's classic honey and mustard glaze. **£14.75**

Pan Fried Steak

Flash fried strips of steak with onions and mushrooms in Zest's gravy. **£19.95**

Zest's All Time Favourite Pulled Beef

our slow cooked shredded beef in Zest's delicious rich gravy, topped with Yorkshire pudding. **£16.95**

SPUDS & STUFF

Perfect side dishes to compliment your meal! Can't decide which to choose? Why not order a variety and share them amongst the table.

Warm Bread Bowl with Butter and Flavoured Olive Oil

Rustic breads with butter and garlic and chilli olive oil. **£6.45**

Chunky Chips

Homemade chunky chips **£5.45**

Sweet Potato Fries

One of your 'superfoods'. **£5.95**

Skinny Chips

Our delicious skinny fries. **£5.45**

Garlic Bread

Classic, tasty garlic bread. **£5.50**

Cheesy Garlic Bread

Garlic bread with cheese. **£6.25**

Creamy Garlic Mushrooms

Roasted mushrooms in creamy garlic sauce. **£7.95**

Cabbage & Chorizo

A combo of freshly sauteed cabbage with chorizo pieces. **£5.95**

Double Cheesy Mash

Pillows of cheesetastic creamy mash, topped with lashings of cheese and baked until meltingly bubbly and golden brown. **£6.50**

Plain Creamy Mash

Zest's classic, tasty creamy mashed potato. **£5.45**

Caesar Side Salad

Little gem lettuce with Caesar dressing, fresh parmesan, crunchy croutons and crispy bacon. **£7.95**

Fresh Cauliflower Cheese

Cauliflower florets baked in a homemade cheese sauce. **£5.95**

Bowl of Yorkshires

With gravy. **£4.95**

Zest's Little Pot Of Coleslaw

A pot of our delicious homemade creamy coleslaw. **£2.75**

Mozzarella & Chilli Garlic Bread

Garlic bread with a spicy kick topped with melting mozzarella **£6.50**

LITTLE ZESTIES

These special smaller portions are great for kids!

Plain Pasta with Butter

Yummy penne pasta. **£2.95**
Add grated cheddar on the side. **£1.00**

Saucy Cheesy Pasta

Tasty pasta with a delicious, creamy cheesy sauce. **£4.95**

Mini Tomato Pasta

Penne pasta coated with homemade tomato sauce. **£4.95**

Little Zestie Burger

Zest's beef burger served in a brioche bun with skinny chips on the side. **£5.95**
Add cheese **£1.00**

Little ZFC (Zest Fried Chicken)

Fresh chicken fillets coated in our secret 'southern style' seasoning and deep fried until golden and crisp with barbecue sauce and skinny chips on the side. **£6.95**

Mini Sausage & Mash

Mini sausages with Zest's gravy and creamy mashed potato. Does your little Zestie prefer skinnies instead of mash? Just ask us and we'll be happy to substitute them. **£6.95**

Little Zestie Pizza

Tomato and mozzarella ciabatta bread pizza served with skinny chips on the side. **£5.95**

(tomato sauce contains onions)

SYMBOLS

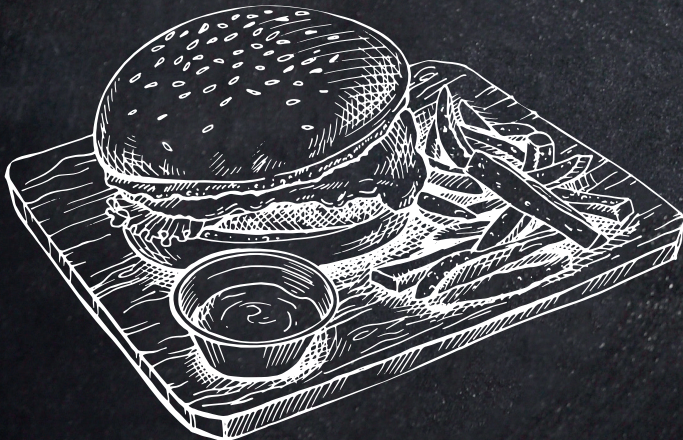
GF Non Gluten Containing Ingredients

V Vegetarian

VE Vegan

GFA Gluten Free Adaption Available

This dish can be prepared with non-gluten containing ingredients - please ask for further details or see our allergens information booklet. Please note that these dishes may have slight modifications to the components of the main menu dishes which are normally not gluten free.





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DRINKS MENU

WHITE WINE

	125ml	175ml	250ml	Bottle
1 Luminista Pinot Grigio (Friuli Grave) VE ITALY A seriously good Pinot Grigio that's dry, crisp & well balanced with a fruity, creamy palate & a nice long finish.	£4.95	£6.95	£9.95	£25.95
3 Caracara Vintage Reserve Sauvignon Blanc VE CHILE Clear & bright with notes of tropical fruits & hints of citrus, it has well balanced acidity & a lovely crisp mouthfeel.	£4.95	£6.95	£9.95	£25.95
4 The Gavel Chardonnay AUSTRALIA Good Oz Chardonnay showing lemon, lime & tropical fruit flavours. A nice creamy mouth feel along with fresh acidity as well as good length.	£4.95	£6.95	£9.95	£25.95
6 Kahurangi Marlborough Sauvignon Blanc NEW ZEALAND This Sauvignon blanc is bursting with zesty citrus aromas, pink grapefruit and passionfruit flavours.				£30.95

ROSE WINE

	125ml	175ml	250ml	Bottle
7 Roos Estate Sauvignon Blanc Rose SOUTH AFRICA A nice light but fruity rosé wine with aromas of fresh strawberries, passion fruit & guava.	£4.95	£6.95	£9.95	£25.95
8 Feather Falls Zinfandel Rose CALIFORNIA Vibrant pink in colour, this delicious rose has aromas of fresh watermelon and juicy cherry. The palate is full of strawberry and cream flavours balanced with a fresh finish.	£4.95	£6.95	£9.95	£25.95
14 Petit Point Rose FRANCE Fresh, dry and aromatic. This is a fruit forward rose wine with hints of strawberries and raspberries on the finish	£4.95	£6.95	£9.95	£25.95

RED WINE

	125ml	175ml	250ml	Bottle
10 Silver Wings Merlot CHILE Nice soft Merlot with spiced plum, black cherry & wild herb aromas with a long spicy finish.	£4.95	£6.95	£9.95	£25.95
11 The Gavel Shiraz AUSTRALIA A medium to full bodied wine with a core of ripe red bramble fruits, smooth supple tannins & a touch of toasty oak on the finish.	£4.95	£6.95	£9.95	£25.95
12 Donna Jazmin Malbec VE ARGENTINA An exciting Malbec, smooth and bold, rich and easy drinking. This has the perfect combination of body, flavour and enjoyment	£4.95	£6.95	£9.95	£25.95

SPARKLING WINE

	125ml	Bottle
15 Via Enrico Prosecco DOC ITALY This stylish Prosecco is fresh & fruity with a crisp citrus twist on the finish.		£26.95
16 Frizzenti 1754 Italian Sparkling ITALY An attractive citrus nose leading onto a crisp fruity palate with hints of apple and pear.	£5.95	
17 Henri Favre Brut NV Champagne FRANCE A well balanced Champagne with fragrant, elegant aromas of green apple & pear with a lively & delicate mousse.		£50.00

GIN

All served as 25ml with lemon, lime and juniper garnish

NON FLAVOURED

Brockmans	£4.75
Hendrick's	£4.75
Bombay Sapphire	£4.75
Bloom	£4.75
Tanqueray 0% Non Alcoholic	£3.75

FLAVOURED

Gordon's Pink	£4.75
Beefeater London Strawberry	£4.75
Whitley Neill Rhubarb & Ginger	£4.75
Whitley Neill Parma Violet	£4.75
Whitley Neill Raspberry	£4.75
Whitley Neill Blood Orange	£4.75
The Lakes Elderflower	£4.75

TONICS

Franklin's Indian Tonic	£2.35
Franklin's Light Tonic	£2.35

SPIRITS / LIQUERS

We have an extensive range of speciality spirits, listed below are some of our range, however please speak to a member of our team for a full list.

Martini	50ml	£4.75
Beefeater Gin, Bacardi, Archers, Tia Maria, Cointreau, Amaretto, Famous Grouse, Malibu, Smirnoff Vodka, Midori	25ml	£4.75
Baileys	50ml	£4.75
Courvoisier, Jack Daniel's	25ml	£4.95

DRAUGHT PRODUCTS

	½ Pint	Pint
Cruzcampo 4.4%	£3.05	£6.10
Birra Moretti 4.6%	£3.15	£6.30
Beavertown Neck Oil IPA 4.3%	£3.05	£6.10
Inch's Cider 4.5%	£2.95	£5.90

BOTTLES

Please ask us for our current selection of beers, lagers & ales

Rekorderlig Mango & Raspberry	500ml	£5.95
Rekorderlig Strawberry & Lime	500ml	£5.95
Old Mout Berries & Cherries	500ml	£5.95
Non-Alcoholic		
Moretti Zero	330ml	£3.95
Inches Cider Zero	500ml	£4.95
Rekorderlig 0% Non Alcoholic Strawberry & Lime	500ml	£4.95
Guinness Zero	538ml	£4.95

COCKTAILS

MOJITOS

Classic With fresh lime, sugar, mint, topped with soda water	£9.50
Berry Blast Bursting with raspberry and blueberry	£9.50
Tropical Coconut rum with juicy pineapple and passion fruit flavours	£9.50
Fruity No-jito – Non-alcoholic Lashing of mixed berries crushed with fresh lime, mint and sugar, topped with refreshing soda	£5.95

SPRITZ

A refreshing range of spritz cocktails all made with Frizzenti, our house Italian sparkling wine

Aperol Spritz Aperol, orange, frizzenti and soda	£9.25
Limoncello Spritz Limoncello, frizzenti and soda	£9.25
Mango and Passion Fruit Spritz Blood orange, mango & passion fruit, frizzenti and soda	£9.25
Strawberry Gin Spritz Strawberry gin, strawberry, frizzenti and rose lemonade	£9.25
Hugo Spritz Gin, elderflower, frizzenti, lime, mint and soda	£9.25

ZEST FAVES

Porn Star Martini Passion fruit liqueur, fresh passion fruit, vanilla vodka and vanilla syrup shaken with pineapple served with a shot of our refreshing Italian sparkling wine.	£9.75
Espresso Martini Vanilla vodka, Kahlua, and vanilla syrup shaken with espresso.	£9.50
Long Island Ice Tea Beefeater gin, Smirnoff vodka, Jose Cuervo silver tequila, Cointreau, Bacardi, sugar syrup and lemon, topped with cola.	£9.50
Cosmopolitan Vodka, Cointreau and cranberry shaken with fresh lime and served with an orange garnish	£9.50
Spiced Dark & Stormy Kraken rum with mint, lime and sugar topped with fiery ginger beer	£9.50
Virgin Porn Star Martini – Non-alcoholic Pineapple and cranberry shaken with vanilla and passionfruit. Served with a shot of lemonade on the side.	£5.95
Apple and Elderflower Spritz – Non-alcoholic A refreshing blend of apple and elderflower with mint, lemon and a touch of sparkle	£5.95

SOFT DRINKS

All our drinks are served with ice and a slice- however just let us know if you would prefer your drink without.

Infamous Classic Cola, Diet Cola, Cola Max Lemonade, Orangeade	½ Pint	£1.95
Coca Cola, Diet Coke	330ml	£2.95
Soda Water	½ Pint	£0.60
J20 Apple & Mango, Apple & Raspberry, Orange, Passionfruit	275ml	£3.50
Fentiman's Ginger Beer, Sparkling Elderflower, Rose Lemonade		£3.50 each
Frobishers Juices	25cl	£3.50
Juice with Lemonade or Soda Mixer		£4.20
Mineral Water Still & Sparkling	330ml	£2.75
Fruitshoot Blackcurrent, Orange		£2.15
Appletiser		£3.50

